

Confidential Child/Adolescent Intake Questionnaire

To be filled out by parent, caretaker, caseworker or whoever is most informed about this young person's history. For me to be able to better understand this client, fill out the following intake form and questionnaires to the best of your ability. If there is insufficient space provided on this form, please continue on the back page. I realize there is a lot of information – and that you may not remember or have access to all of it. Please do the best you can. This form saves a lot of time during the initial sessions. If there is something that you do not want to put in writing, it is OK to communicate that information verbally. Do not hesitate to contact me if you have any questions. *Thank you!*

CLEINT IDENTIFICATION Name _____

Date of Birth _____ Age _____ Sex _____ Ethnicity _____

Religion _____ With whom is the individual currently living? _____

This form filled out by _____ Relationship _____

Who will accompany this young person to appointments? _____

Name of adult Custodian(s) _____

Address _____

Home Phone _____ Mobile _____ Work _____

Email _____

Name of Mother (if different from above) _____

Address _____

Home Phone _____ Mobile _____ Work _____

Email _____

Name of Father (if different from above) _____

Address _____

Home Phone _____ Mobile _____ Work _____

Email _____

REFERRAL SOURCE _____

Address _____ Phone _____

Do we have your permission to release information to the referring professional? Yes ___ No ___

GP/Paediatrician _____

GP Address _____ Phone _____

Paediatrician Address _____ Phone _____

Do we have your permission to release information to your GP or Paediatrician? Yes ___ No ___

Main purpose of consultation Please give a brief summary of the main problems: _____

Why is this consultation being sought at this time? Please describe the main goals of being here: _____

Prior attempts to correct problem and previous mental health treatment Please include contact with other professionals, medications and types of treatment: _____

Medical history Current medical problems/medications: _____

Current supplements/vitamins/herbs: _____

Past medical problems/medications: _____

Prior hospitalizations (place, cause, date, outcome): _____

Doctors/clinics seen regularly: _____

Pregnancy complications (i.e. bleeding, excess medication, infections, smoking or alcohol/drug use during pregnancy): _____

Any birth problems, trauma or complications: _____

Any history of head trauma: _____

Any history of seizures or seizure like activity: _____

Prior abnormal lab tests, X-rays, EEG etc: _____

Allergies/food or drug intolerances: _____

Present Height _____ *Present Weight* _____

Any current physical health concerns: _____

Current life stressors (include anything that is currently stressful for the individual being evaluated, examples include relationships, school, home circumstances, moving etc.): _____

Sleep behaviour What time to bed, what time up? Quality of his/her sleep: _____

Nightmares, recurrent dreams or sleepwalking: _____

Bedwetting or soiling: _____

Daytime incontinence: _____

School history Current year: _____ Last school attended: _____

Typical grades received: _____

Any problems at school or specific learning disabilities: _____

Learning strengths: _____

Any behavior problems in school: _____

What have teachers said about the individual? _____

Please bring school report cards and any previous testing that has been performed.

Employment history (if applicable): _____

Any work-related problems: _____

What would employers or supervisors say about the individual?: _____

Legal problems or Family Court involvement: _____

Sexual history (if applicable; answer only as much as you know about or feel comfortable telling)

Age at the time of first sexual experience: _____ Number of sexual partners: _____

Any history of sexually transmitted disease? _____ History of abortion? _____

History of sexual abuse, molestation or rape: _____

Current sexually related problems or issues: _____

Alcohol and drug history Please list age started and types of substances used through the years and any current usage. These include alcohol (hard liquor, beer, wine), marijuana (real or synthetic), prescription tranquilizers or sleeping pills, inhalants (glue, gasoline, cleaning fluids, etc.), cocaine or crack, amphetamines or 'P' or ice, steroids, opiates (heroin, codeine, morphine or other pain killers), barbiturates, hallucinating drugs (LSD, mescaline, mushrooms) etc: _____

Past or present withdrawal symptoms from alcohol or drugs: _____

Have your or anyone else told the individual they had a problem with drugs or alcohol?: _____

Has the individual ever expressed guilt about drug or alcohol use?: _____

Has the individual ever acted annoyed when someone talked to him or her about drug or alcohol use?: _____

Has the individual ever used drugs or alcohol first thing in the morning?: _____

Caffeine use per day (caffeine is in coffee, tea, energy drinks and some sodas): _____

Past or present nicotine use (nicotine is in cigarettes, cigars and other tobacco products): _____

Family structure (who lives in the individual's current household, please give relationship to each):

History of previous homes, families, placements etc: _____

Current satisfaction in home environment: _____

Significant developmental events (include divorces, deaths, traumatic events, losses, abuse, etc.):

Mother's history Biological, Adoptive or Step?: _____ Age _____ Employment (current and historical):

School - highest grade completed: _____

Any learning problems: _____

Any past or present behavior problems: _____

Marriages/partnerships: _____

Medical problems: _____

Childhood atmosphere (family position, abuse, illnesses etc): _____

Has mother ever sought mental health treatment? Yes ___ No ___ If yes, for what purpose? _____

Mother's alcohol/drug use history: _____

Please describe any learning problems or mental health problems in *biological* mother's blood relatives (including alcohol/drug abuse, depression, anxiety, suicide attempts, psychiatric hospitalizations): _____

Father's history Biological, Adoptive or Step?: _____ Age _____ Employment (current and historical): _____

School - highest grade completed: _____

Any learning problems: _____

Any past or present behavior problems: _____

Marriages/partnerships: _____

Medical problems: _____

Childhood atmosphere (family position, abuse, illnesses etc): _____

Has father ever sought mental health treatment? Yes ___ No ___ If yes, for what purpose? _____

Father's alcohol/drug use history: _____

Please describe any learning problems or mental health problems in biological father's blood relatives (including alcohol/drug abuse, depression, anxiety, suicide attempts, psychiatric hospitalizations): _____

Siblings (names, ages, problems, strengths, quality of relationship to patient, living with or apart from client): _____

Cultural/Ethnic/Religious background (please describe cultural or religious practices that are important to the family): _____

Describe the individual's relationships with friends: _____

How does the person view himself or herself?: _____

Describe the individual's strengths: _____

Please report any other information you think it might be helpful for me to know about your child or this situation: _____

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